

Superficial Fungal Infections: Worth a Deeper Look!



Dermatophyte (tinea) infections

Contagious fungal infections that infect skin, hair, and nails (aka ringworm, athlete's foot, nail fungus)

**WHAT
IS IT?**

**WHO
CAN GET IT?**

ANYONE!!

But older adults & patients with diabetes or problems with their immune system are prone to complications

**WHY
CARE?**

Resistant infections are epidemic in some regions (eg, India)



In some people, the infection spreads over their whole body because it's resistant to many medications

A growing problem with resistance in the US



Overuse of over-the-counter (OTC) antifungal creams is driving resistance!

Ideally, see your health care provider (HCP).

**HOW
TO TREAT?**



But, if you do try OTC antifungal cream...



Look closely in a week

Improvement 

No Improvement 

See your HCP

Your HCP should send a sample to the lab to find out what is causing the infection and what medication(s) it is likely to respond to.



**WHEN
TO TEST?**

Fight the fungus!

- Seek professional help early. Don't wait
- Ask your HCP about the diagnostic process
- Ask how the treatment was selected (is it likely to work for your infection?)